IFBB ASIAN CHAMPIONSHIPS

MAIN INFORMATION

NAME OF THE EVENT: **2026 IFBB ASIAN CHAMPIONSHIPS & ASIAN OPEN CHAMPIONSHIPS**

CITY / COUNTRY: **Pattaya / THAILAND**

DATE: **November 13th to 16th, 2026**

EVENT OPEN FOR:

- **ALL IFBB-AFFILIATED NATIONAL FEDERATIONS FROM ASIA FOR THE EVENT IFBB ASIAN CHAMPIONSHIPS**
- **ALL IFBB- AFFILIATED NATIONAL FEDERATIONS FROM ASIA AND FEDERATIONS FROM RUSSIA, TURKIYE AND AUSTRALIA FOR THE EVENT ASIAN OPEN CHAMPIONSHIPS**

IFBB PRO CARD QUALIFIER YES **X**

IFBB INTERNATIONAL RANKING QUALIFIER NO **X** FITNESS CHALLENGE - YES

DAY OF ARRIVAL **November 13th, 2026**

DAY OF DEPARTURES **November 16th, 2026**

REGISTRATION DAY: **November 13th, 2026**	TIME: **10:00 – 19:00**	PLACE: **Brighton Grand Hotel & Convention Pattaya** https://maps.app.goo.gl/WvixQriGph1szMGy7
WEIGH-IN DAY: **November 13th, 2026**	TIME: **10:00 – 19:00**	PLACE: **Brighton Grand Hotel & Convention Pattaya** https://maps.app.goo.gl/WvixQriGph1szMGy7

*All Athletes must wear their posing attire during weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and tanning must be in accordance with the IFBB rules. Any tanning which can be wiped off is not allowed.

RECOMMENDED AIRPORT: **Suvarnabhumi International Airport** (BKK) or **U-Tapao Rayong–Pattaya International Airport**

VISA INFORMATION:

Thailand currently allows passport holders from many Asian countries and territories to enter Thailand without a visa for tourism and short-term stays, depending on nationality and current Thai immigration regulations.

This includes countries and regions such as:

Japan, South Korea, China, Singapore, Malaysia, Indonesia, Philippines, Vietnam, Hong Kong, Macau, Brunei, Laos, Cambodia, Chinese Taipei (Taiwan), Kazakhstan, United Arab Emirates, Qatar, Bahrain, Kuwait, Oman, Saudi Arabia, Turkey, and others.

For spectators, supporters, and accompanying persons, visa-free entry may be sufficient depending on the purpose and duration of stay.

Athletes, coaches, judges, and official team members may be required to apply for the appropriate visa category for sports participation, depending on the decision of the Royal Thai Embassy or Consulate in their country.

Recommended documents for visa applications:

- Passport valid for at least 6 months
- Official invitation letter from IFBB - TIFBB
- Endorsement letter from the national federation
- Flight itinerary and hotel booking

All participants are strongly advised to check the latest visa requirements directly with their local Royal Thai Embassy or Consulate before traveling, as regulations may change Thailand Government.

For official invitation letters or visa assistance, please contact: contact@ifbb.com

VENUE: **Brighton Grand Hotel & Convention Pattaya**
https://maps.app.goo.gl/WvixQriGph1szMGy7

HOTEL INFORMATION

RECOMMENDED HOTEL: **Brighton Grand Hotel, Pattaya**
https://maps.app.goo.gl/WvixQriGph1szMGy7

REGISTRATION FEE:

REGULAR FEE: NOT LATER THAN OCTOBER 28th, 2026

Each Athlete, Delegate or Extra Delegate paying online **NOT LATER THAN OCTOBER 28th, 2026** will pay the IFBB registration fee of **EUR €500** (including registration fee, 3 nights accommodation in a double room plus three meals per day). In case of a single room the cost will be **EUR €650.**

**** THE NATIONAL FEDERATIONS THAT HAVE SENT THE FEF AND COMPLETE THE PAYMENT BEFORE AUGUST10thOR OCTOBER 30th WILL HAVE PRIORITY IN THE EXPRESS CHECK-IN, HAVING THEIR ROOM ASSIGNED IN ADVANCE.**

LATE PAYMENTS AFTER OCTOBER 28th, 2026

Each Athlete, Delegate or Extra Delegate paying **AFTER OCTOBER 28th, 2026** will pay the IFBB registration fee of **EUR €600**. This fee includes **3 hotel nights'** accommodation in a double room plus three meals per day, starting with dinner on **13/11/2026** and finishing with breakfast on **16/11/2026. In case of single room the cost will be EUR €750.**

CROSSOVERS: **EUR €100** per each of the additional categories.
DEADLINE FOR ONLINE PAYMENT: **October 28th, 2026.**

ONLINE PAYMENT: May be done by credit/debit card or PayPal at http://www.ifbb.com/competition-registration.

You can also make the Payment via Bank Transfer to the following bank account:

Beneficiary: ASOCIACION FEDERACION INTERNACIONAL DE FISICOCULTURISMO Y FITNESS
BANK: BBVA
ACCOUNT: ES5101826127110201584781
SWIFT: BBVAESMMXXX
Please add your name during online payment and bring a copy of your payment confirmation to the registration.
DEADLINE FOR ONLINE PAYMENT: **28/10/2026 – midnight CET (UTC + 1).**

HOTEL DEPOSIT: **EUR €100 per person** (paid in cash in the hotel) will be refunded after check-out.
HOTEL check-in time: 14:00 / HOTEL check-out time: 12:00

TRANSPORTATION: To request and arrange transportation services, participants should contact the Local Organizing Committee by email or via the following link: https://tifbb.com/transportation-ifbb-asian-championships-2026

- Standard car: 2 people, EURO €50 (one way)
- Xl car: 4 people, EURO €70 (one way)
- Minivan: 6 to 9 people, EURO €80 (one way)
- Big bus: 35 people, EURO €320 (one way)

HAIR & MAKE-UP: **EUR €250 per person.**

EXPRESS CHECKING

NATIONAL FEDERATIONS ARRIVING TO THE REGISTRATION AREA WITH THE ATTACHED FORM DULLY FULFILLED AND THE ONLINE REGISTRATION (INCLUDING PAYMENT) DULLY COMPLETED WILL HAVE ACCESS TO THE EXPRESS CHECKING. TOAVOID INCONVENIENCES AND DELAYS TO NATIONAL FEDERATIONS THAT PROPERLY FULFILED THE PROTOCOL. NATIONAL FEDERATIONS ARRIVING TO THE REGISTRATION AREA WITHOUT THE REQUIRED DOCUMENTS DULLY COMPLETED WILL NOT HAVE ACCESS TO THE REGISTRATION DESK UNTIL THE MISSING REQUIREMENTIS COMPLETED.

*Participating athletes must be recommended by their National Federation by sending the Final Entry Form with their names directly to the Organizing Committee, to the IFBB Technical Committee and IFBB Head Office in Madrid. The final decision to allow an athlete to compete in this EVENT rests with the IFBB.

*It is also the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated to this National Federation who are fulfilling a period of ineligibility due to Anti-Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any EVENT either at National or International level, Official or Invitational.

*All athletes will have to present their Passports and IFBB International Cards at the Registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card will have to buy one at registration.
IFBB Cards are EUR €50 / USD $60 per calendar year and are mandatory.

*All posing music must be on an USB drive only. The posing music in the MP3 format must also be the only file on USB. Each competitor must affix his/her name on the USB for easy identification. The use of profane, vulgar, and offensive language is strictly prohibited in the posing music.

ANTI-DOPING TEST:
The IFBB is a signatory to the WADA Code. Participating National Federations have a duty and an obligation to ensure that their national team athletes are competing drug-free at the IFBB Championships. Doping control will be conducted by the IFBB Medical Commission pursuant to the IFBB Anti-Doping Rules, using a WADA accredited laboratory. In order to compete in the championships, each athlete will be required to sign a Drug Testing Consent at the registration in Thailand.

CATEGORIES

MEN'S FIT BODYBUILDING
- Junior Men's Fit Bodybuilding 15-23 years - **OPEN**
- Men's Fit Bodybuilding up to 170 cm
- Men's Fit Bodybuilding up to 178 cm
- Men's Fit Bodybuilding over 178 cm
- Master Men's Fit Bodybuilding 40-49 years - **OPEN**
- Master Men's Fit Bodybuilding >50 years - **OPEN**

MEN'S FITCLASSIC PHYSIQUE
- Junior Men's Fit Classic Physique 15-23 years - **OPEN**
- Men's Fit Classic Physique up to 168 cm
- Men's Fit Classic Physique up to 171 cm
- Men's Fit Classic Physique over 171 cm
- Master Men's Fit Classic Physique >40 years - **OPEN**

MEN'S CLASSIC BODYBUILDING
- Junior Men's Classic Bodybuilding 15-23 years - **OPEN**
- Men's Classic Bodybuilding up to 168 cm
- Men's Classic Bodybuilding up to 171 cm
- Men's Classic Bodybuilding up to 175 cm
- Men's Classic Bodybuilding up to 180 cm
- Men's Classic Bodybuilding over 180 cm

WOMEN'S BODYFITNESS
- Junior Women's Bodyfitness 15-23 years - **OPEN**
- Women's Bodyfitness up to 163 cm
- Women's Bodyfitness over 163 cm
- Master Women's Bodyfitness >35 years - **OPEN**

WOMEN'S BIKINI
- Junior Women's Bikini 15-23 years - **OPEN**
- Women's Bikiniupto 158 cm
- Women's Bikiniupto 160 cm
- Women's Bikiniupto 164 cm
- Women's Bikiniupto 169 cm
- Women's Bikiniover 169 cm
- Master Women's Bikini >35 years - **OPEN**

WOMEN'S WELLNESS
- Junior Women's Wellness 15-23 years - **OPEN**
- Women's Wellnessupto 163 cm
- Women's Wellnessover 163 cm
- Master Women's Wellness >35 years - **OPEN**

- Master Men's Classic Bodybuilding >40 years - **OPEN**

MEN'S GAMES CLASSIC BODYBUILDING

- Junior Men Games Classic Bodybuilding 15-23 years - **OPEN**
- Men's Games Classic Bodybuilding up to 175 cm
- Men's Games Classic Bodybuilding over 175 cm
- Master Men's Games Classic Bodybuilding >40 years - **OPEN**

- Men's Wheelchair Bodybuilding - **OPEN**
- Men's Para-bodybuilding - **OPEN** *(test)*

MEN'S PHYSIQUE

- Junior Men's Physique 15-20 years - **OPEN**
- Junior Men's Physique 21-23 years - **OPEN**
- Men's Physique up to 170 cm
- Men's Physique up to 173 cm
- Men's Physique up to 176 cm
- Men's Physique up to 179 cm
- Men's Physique up to 182 cm
- Men's Physique over 182 cm
- Master Men's Physique >40 years - **OPEN**

- Men's Fit-Model - **OPEN**
- Muscular Fit Men's Physique - **OPEN**
- Men's Fitness - **OPEN**
- Men's Fit - **OPEN** *(new division)*
- Posing Art *(new division)*

FIT WOMEN'S PHYSIQUE

- Fit Women's Physique - **OPEN**

WOMEN'S FIT-MODEL

- Junior Women's Fit-Model 15-23 years - **OPEN**
- Women's Fit-Model up to 163 cm
- Women's Fit-Model up to 168 cm
- Women's Fit-Model over 168 cm
- Master Women's Fit-Model >35 years - **OPEN**

- Women's Fit & Beauty - **OPEN** *(new division)*
- Women's Acrobatic Fitness - **OPEN**
- Women's Artistic Fitness - **OPEN**
- Fit-Pairs - **OPEN**

FITNESS CHALLENGE

Individual Categories:

- Gold/Silver Men Individual (Senior - Junior - Masters)
- Gold/Silver Women Individual (Senior - Junior - Masters)

Couples (Paired) Categories:

- Gold/Silver Men Couples (Junior - Senior - Masters)
- Gold/Silver Women Couples (Junior - Senior - Masters)
- Gold/Silver Mixed Couples (Junior - Senior - Masters)

Team Categories:

- Speed-Fit Team (Men - Women)
- Fitness Challenge Silver Team (Mixed)

AWARDS:

Top three athletes in each category will be awarded with medals.
Top six athletes in each category will be awarded with a Certificate of Excellence and trophies.
Overall winner will have a trophy.

IFBB ELITE PRO CARDS:

TOTAL NUMBER: **22**

THE WINNERS OF ALL SENIOR and some MASTERS CATEGORIES WILL WIN A PRO CARDS AS PER IFBB REGULATIONS

DISTRIBUTION:

- MEN'S CLASSIC BODYBUILDING (seniors - 5 Cards)
- MEN'S PHYSIQUE (seniors - 6 Cards)
- WOMEN´S BIKINI (seniors + masters - 5 + 1 Cards)
- WOMEN´S WELLNESS (seniors - 2 Cards)
- WOMEN´S BODYFITNESS (seniors +masters - 2 + 1 Cards)

*REGISTRATION DEADLINE

PRELIMINAR ENTRY FORM: **AUGUST 10th, 2026**

FINAL ENTRY FORM: **OCTOBER 28th, 2026**

CAMERA/VIDEO TAPE EQUIPMENT

Cameras and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the IFBB authorized media person and, in any EVENT, these devices shall be strictly prohibited in the dressing room area.

GREEN CARDS

Green cards are used to limit access to the weigh-in and backstage area during the prejudging and finals. They will be distributed at the judges/team managers meetings as follows:

- Five (5) or more athletes – two (2) green cards.
- Less than (5) athletes – one (1) green card.

Green cards are 50 €.

TANNING NEEDS

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.

CONTACT INFORMATION:

Please send your Entry Form to:
Vice President International affairs of the THIFBB
Mr. Amir Ahmadi
E-mail: **info@thifbb.com**

Please send a copy to IFBB Technical Committee:
Eng. Andrew Michalak
E-mail: **amichalak5@gmail.com**

Please send a copy to IFBB Head Office:
Ms. Daria
E-mail: **contact@ifbb.com**

Contact details for additional correspondence: President of The Thai Federation
Mr. Santi Chankree
E-mail: info@thifbb.com

JUDGES

To be taken into consideration during selection of judges' panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: pawelfilleborn@gmail.com

All international judges must bring their International Judge's Cards to the Team Managers & Judges Meeting. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of **EUR €50/USD $60** paid for the current year. This fee may also be paid at the EVENT at the Team Managers & Judges Meeting.